

Appendix 2 - Phase 2 Program - Reaching out for low income families

To maximize service accessibility, four non-governmental organizations has been involved as collaborative partners to deliver the Program at a community level, including the Boys' and Girls' Clubs Association of Hong Kong (BGCA), Christian Family Service Centre (CFSC), The Hong Kong Society of Rehabilitation (HKSR), and the Neighbourhood Advice-Action Council (NAAC). The intervention will be conducted in July to October.

Phase 2 of the program will also include two medical interviews by doctors and bio-sample testing on top of the original 6-week parallel group. Blood samples will be collected from children participants for assessing biological changes in skin inflammation (biomarkers IgE, IL1 β , IL4, IL6, IL10, TGF- β 1) associated with eczema. An individualized report will be given to those who have completed the 6-week group and all questionnaires and bio- assessment.

The whole service package is offered at a cost of HKD \$6,000. Recognising a gap in disease information and treatment services, the Phase 2 program aims to reach out to eczema children from low-income families. With generous donation of Kuenflower Management Inc. (in honour of Kwong Sik Kwan and Kwong Hui May Kuen) to the UBS Optimus Foundation, 100% of the program cost can be waived for all participating low-income families (recipient of the Comprehensive Social Security Assistance (CSSA) or School Textbook Assistance (TA) Scheme). In cases of oversubscription, priority will be given to low-income families, and remaining selection will be made by drawing lots.

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| Target participants: | Children aged 6-11 who have been diagnosed of eczema and one of their parents, except those who are: (a) not able to read Chinese or speak Cantonese; (b) have a known history of psychiatric illness |
| Program format: | Children group: Six 3-hour sessions, total 18 hours Parent group: Six 3-hour sessions, total 18 hours |
| Cost: | HKD \$6,000 (Total fee waiver for families receiving Comprehensive Social Security Assistance (CSSA) or School Textbook Assistance (TA)) |

Venue and application: Hong Kong Island & Outlying Island
HKSR Community Rehabilitation Network (Kornhill Centre) (2549 7744)

Kowloon
BGCA Cheung Sha Wan Children & Youth Integrated Services Centre (2729-2294)
CFSC Family Energizer (Integrated Family Service) (2318-0028)

New Territories
BGCA Jockey Club Tsing Yi Children & Youth Integrated Services Centre (2433-2319)
HKSR Community Rehabilitation Network (Tuen Mun Tai Hing Centre) (2775-4414)
HKSR Community Rehabilitation Network (Sha Tin Prince of Wales Centre) (2636-0666)
NAAC Tung Chung Integrated Services Centre (3141-7107)

More details: “Seeing the Invisible” Program Mainpage - <https://goo.gl/tWc2aQ>
Assessment and intervention timetable - <https://goo.gl/mQMikH>
Online application form - <https://goo.gl/forms/woU7RxcsXYoELL2q2>

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Appendix I

| Children participant | Intervention Group (n=48) | | Waitlist (n=43) | | Statistical difference |
|---------------------------|---------------------------|------------|-----------------|------------|------------------------|
| | Mean (S.D.) | Median | Mean (S.D.) | Median | |
| Age | 8.5 (1.7) | 8.3 | 8.5 (2) | 9 | No |
| Eczema onset age (months) | 23.5 (28.6) | 12 | 20 (25.9) | 6 | No |
| Gender | Number | Percentage | Number | Percentage | Statistical difference |
| Male | 24 | 50% | 22 | 51% | |
| Female | 24 | 50% | 21 | 49% | |
| | | | | | No |
| Parent participant | Intervention Group (n=48) | | Waitlist (n=43) | | Statistical difference |
| | Mean (S.D.) | Median | Mean (S.D.) | Median | |
| Age | 41.5 (5.6) | 42 | 41.1 (5.3) | 41 | No |
| | Number | Percentage | Number | Percentage | Statistical difference |
| Gender | | | | | |
| Male | 4 | 8% | 7 | 16% | |
| Female | 44 | 92% | 36 | 84% | No |
| | | | | | |
| Marital status | | | | | Statistical difference |
| Single | 1 | 2% | 1 | 2% | |
| Married / cohabited | 43 | 90% | 41 | 95% | |
| Divorced / separated | 2 | 4% | 1 | 2% | |
| Widowed | 2 | 4% | 0 | 0% | |
| | | | | | No |
| Education level | | | | | Statistical difference |
| Primary | 2 | 4% | 1 | 2% | |
| Secondary | 19 | 40% | 41 | 95% | |
| University or above | 27 | 56% | 1 | 2% | |
| | | | | | No |
| Employment | | | | | Statistical difference |
| Full-time | 26 | 54% | 26 | 60% | |
| Part-time | 5 | 10% | 2 | 5% | |
| Retired | 0 | 0% | 1 | 2% | |
| Homemaker | 16 | 33% | 14 | 33% | |
| Unemployed | 1 | 2% | 0 | 0% | |

| | | | | | |
|-----------------------|----|-----|----|-----|----|
| Religion | | | | | No |
| No religion | 24 | 50% | 24 | 56% | |
| Catholic | 5 | 10% | 4 | 9% | |
| Christian | 14 | 29% | 11 | 26% | |
| Buddhist | 4 | 9% | 3 | 7% | |
| Others | 1 | 2% | 1 | 2% | |
| Monthly family income | | | | | No |
| <10,000 | 2 | 4% | 0 | 0% | |
| 10,000-19,999 | 9 | 19% | 4 | 9% | |
| 20,000-29,999 | 10 | 21% | 8 | 19% | |
| 30,000-39,999 | 7 | 15% | 6 | 14% | |
| >40,000 | 15 | 31% | 19 | 44% | |
| Not disclosed | 5 | 10% | 6 | 14% | |